



Lisa Feuer, RYT

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WEB

<http://lisafeuer.com/>

Specializations

Prenatal, Mommy&Baby, and Children's Yoga

Yoga Training and Certifications

*certified and insured Vinyasa Yoga teacher registered at the 200-hour level with Yoga Alliance

KARMA KIDS // NEW YORK CITY, NY - JULY 2008

Children's Yoga teacher refresher

NY OPEN CENTER // NEW YORK CITY, NY - AUGUST 2007

Janice Clarfield Prenatal Yoga teacher training

KARMA KIDS // NEW YORK CITY, NY - JULY 2007

Children's Yoga teacher refresher

KARMA KIDS // NEW YORK CITY, NY - APRIL 2006

Children's Yoga teacher training

KRIPALU // LENOX, MA - JANUARY 2006

Restorative Yoga teacher training

OM YOGA CENTER // NEW YORK CITY, NY - JULY 2005

Vinyasa Yoga teacher training and 200 -hour certification

LILA WELLNESS // FEBRUARY 2005

Ma Yoga Prenatal/Postpartum Yoga teacher training

Experience

VINYASA YOGA TEACHER // SEPTEMBER 2007 - PRESENT

Current employers include:

NYSC at Midwood (NYC)

PRENATAL/MOMMY&BABY YOGA TEACHER // FEBRUARY 2005 - PRESENT

Current employers include:

Prenatal Yoga Center (NYC) - Prenatal/Mommy&Baby

Karma Kids (NYC) - Mommy&Baby

CHILDREN'S YOGA TEACHER // FEBRUARY 2006 - PRESENT

Current employers include:

Karma Kids (NYC)

Education

MA, Interdisciplinary Arts (movement and video) - May 1996, summa cum laude
Columbia College - Chicago, IL

BA, Sociology/Russian and East European Studies - December 1989
University of Illinois - Champaign/Urbana, IL

Related Experience

- CPR and AED certification for adults, infants and children - August 2010
- Reiki 2 certification in the Ursui tradition - April 2007
- Reiki 1 certification in the Ursui tradition - February 2007
- Dancer/Choreographer for fifteen years
- Practiced Yoga (Hatha and Vinyasa) for eleven years
- Practiced Prenatal Yoga throughout pregnancy
- Practiced Mommy&Baby Yoga until son was 18 months old
- Mother to 8 year old son, Sasha

References available upon request.